# \*\*\* GAME DAY FOOD \*\*\*

# Brought to you by Nationwide\* Prevent accidental pet poisoning when enjoying your favorite sports events

CIRVEJA + BIERE UNITONALLY RREHALINGUAL SINCE 1879

#### **Alcohol**

Pets with access to wine, beer or sangria can experience drops in blood sugar, blood pressure and body temperature, as well as seizures and respiratory depression. Desserts containing alcohol or rising yeast dough are also culprits.



Caffeinated drinks, brownies, chocolate cake, fudge and candy contain alkaloids, caffeine and/or theobromine, which can lead to poisoning and pancreatitis, and be lethal to dogs and cats.



#### **Fatty foods and bones**

Chicken wings, pizza, hot dogs and burgers are known to be high in fat and a risk for vomiting, diarrhea and developing pancreatitis. Table scraps like chicken wings or ribs may contain bones which can be a choking hazard. Bones can also splinter and cause an obstruction or lacerations of your pet's digestive system.



## **Xylito**J

A sugar substitute commonly used in sugarless gum, baked goods, candies, sugarless pudding, breath mints and certain peanut butters, this is extremely dangerous to dogs. Ingestion of even a small amount will cause the rapid release of insulin and result in hypoglycemia.



Macadamia nuts are toxic to dogs and can result in incoordination, tremors, and hind limb weakness. While most other nuts are not toxic, they contain high amounts of fat which can cause an upset stomach and create gastric intestinal distress or pancreatitis.



### **Onions and garlic**

A popular ingredient in burgers, egg salad, salsa and guacamole, onions contain thiosulphates and other chemicals which can be extremely toxic to cats and dogs, and can result in red blood cell destruction leading to anemia. Garlic and chives are considered to be about five times as potent as onions, causing oxidative damage to the red blood cells and an upset stomach.



In case of an emergency, Nationwide pet insurance members can contact the vethelpline\* at no cost. Contact info can be found on the Nationwide Pet Account Access page. Pet owners who are not members can contact the Pet Poison Helpline at 855-289-0358. A \$49 per-incident fee for their service will apply. This fee is not associated with Nationwide.

Put out a trash can with a lid so that your pet can't nose around for scraps.



Ask children and others not to leave food on a low table or on the floor as your pet will be tempted to investigate.



Nationwide covers pet treatment costs related to Game Day food hazards and more.



