

# MEA Golden Share Program

Please submit your order to MEA by 4:00pm June 14, 2010 9620 Chesapeake Drive, Suite 203 • San Diego, CA 92123 • MS #126

# of packages

## Basic Share Package - \$27.00

3 lbs. Chicken Breasts B/S Zip Lock bag • 3 lbs. All Natural Turkey Burgers: hormone & antibiotic free • 1 lb. Chicken Stir-Fry Meat • 1 lb. Beef Stir-Fry Meat • 1 lb. Ground Beef 80/20 lean • 1 bag Fresh Potatoes • 1 bag Fresh Onions • 1 lb. Fresh Carrots • 2 ea. Fresh Bell Peppers • 1 ea. Fresh Lettuce • 2 ea. Fresh Large Tomatoes

## Veggie Pac - \$17.00

8 oz. Shredded Cheddar Cheese • 1 bag Fresh Potatoes • 1 ea. Fresh Broccoli Bunch • 1 ea. Fresh Celery Stalk • 1 lb. Fresh Carrots • 2 ea. Fresh Large Tomatoes • 2 ea. Fresh Bell Peppers • 2 ea. Fresh Squash • 1 bag Fresh Salad Mix • *Plus 2-3 additional seasonal items*

## Breakfast Package - \$22.00

1 doz. Farm Fresh Eggs • 1 pkg. Shredded Cheddar Cheese • 1 lb. Hickory Smoked Bacon • 1.5 lbs. "Tarantino's" Breakfast Sausage • 1/2 doz. Cinnamon Raisin Bagels • 1 pkg. Simplot Hash Browns (20 ea. patties) • 1 lb. Carolina Pride Ham Steak • 4 ea. Breakfast Burritos - Sausage, Egg and Cheese

## Lunch Box - \$25.00

12 oz. Roast Turkey Thick Sliced Deli Meat • 12 oz. Honey Ham Thick Sliced Deli Meat • 1 lb. Cotto Salami • 1 lb. Bologna • (2) 8 oz. Sliced Cheddar Cheese • (6) 6 oz. Peach Yogurt • (6) Individual String Cheese snacks • (6) 8 oz. Apple Juice Boxes • 1 ea. Fresh Lettuce • 1 lb. Baby Carrots • 2 ea. Fresh Tomatoes

## Steak Box - \$22.00 **NEW PRICE!**

4 lbs. USDA Choice "Flat Iron" Steaks (8/8 oz. steaks)

## Mega Meat - \$35.00

3 lbs. All Natural Turkey Burgers; hormone & antibiotic free • 5 lbs. Chicken Drumsticks • 3 lbs. Hamburger Patties 84/16 lean • 3 lbs. Chicken Breasts B/S Re-Sealable Bag • 2.5 lbs. All Beef Hot Links • 1.5 lbs. Tarantino's Italian Sausage - mild • **18 lbs. of Quality Meats for Summer!**

## Organic Produce - \$20.00

Fresh Assortment of fruits and vegetables.

**\* Please pick up your order on Saturday, June 26th, 8:00am - 9:00am at PENN Athletic Area Rec Center - 2555 Dusk Drive • San Diego, CA 92139**

# of packages

## Premium Entrees - \$20.00

Lasagna w/Meat Sauce • Grilled Chicken Breast Alfredo with Penne • Pasta and Broccoli Florets • Beef Strips with Mashed Potatoes, Gravy and California Blend Mixed Vegetables • Beef Ravioli in Marinara Sauce • Chicken Parmesan with Penne Pasta, sauce and Mozzarella • Manicotti with Marinara Sauce • Turkey ala King with Rice and California Blend Mixed Vegetables

## Choice Menu Items

*You must purchase one of the above packages to order from the Choice Menu*

Cookie Dough 3 lbs. Snicker Doodle \$5.00

Cookie Dough 3 lbs. Chocolate Chunk \$5.00

1.75 lbs. Popcorn Chicken by "Brakebush" Re-sealable bag \$7.00

1.75 lbs. "Fiery" Chicken Strips by "Brakebush" Re-sealable bag \$7.00

5 lbs. (avg.) Fully Cooked Prime Ribeye Roast \$20.00

Seafood Fantastic \$20.00

12 oz. peeled shrimp • (2) 4 oz. teriyaki salmon fillets • (4) 3 oz. pollock fillets • (2) 4 oz. tilapia filets stuffed w/shrimp and herbs • (2) 4 oz. tilapia filets stuffed with scallops and red peppers • (2) 4 oz. flounder fillets

[www.goldensharefoods.com](http://www.goldensharefoods.com)

TOTAL NUMBER OF PACKAGES

Name \_\_\_\_\_ Phone Number \_\_\_\_\_ Total Cost \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_



# Did You Know that MEA's Share Program Can Save You Money on Your Grocery Bill?

MEA's Share Program is a Great Program for City Employees!

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Last Name, First (please print)

Work Phone

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Home Phone

Email

By signing below, I understand that I am required to pick up my order on Saturday, June 26th between 8:00am and 9:00am. All orders that are not picked up by 9:00am will be donated to a homeless shelter and no refunds will be given. Golden Share Foods reserves the right to substitute any of the above items due to availability, cost, and quality.

Signature \_\_\_\_\_

**\*\* Check Policy: There will be a \$25.00 Bank Fee plus a \$15.00 MEA fee for all Returned Checks.**