

MEA Golden Share Program

Please submit your order to MEA by 4:00pm Monday May 10, 2010
9620 Chesapeake Drive, Suite 203 • San Diego, CA 92123 • MS #126

of packages

Basic Share Package - \$27.00

3 lbs. Chicken Breasts B/S Zip Lock bag • 1 lb. "Tarantino's" Ground Beef 80/20 • 1 lb. Ground Turkey • 2.25 lbs. Pork Chops (6/6 oz. chops) • 2 lbs. Chicken Thigh Meat B/S • 1 bag Fresh Potatoes • 1 bag Fresh Onions • 1 lb. Fresh Carrots • 1 ea. Fresh Broccoli Bunch • 2 ea. Fresh Yellow Squash • 1 ea. Fresh Cantaloupe • 1 bag Fresh Apples • 1 ea. Fresh Mango

Veggie Pac - \$17.00

1 doz. Farm Fresh Eggs • 8 oz. Shredded Cheddar Cheese • 1 bag Fresh Potatoes • 1 ea. Fresh Broccoli Bunch • 2 ea. Fresh Yellow Squash • 1 ea. Fresh Lettuce • 1 lb. Fresh Baby Peeled Carrots • 1 bag Fresh Apples • 1 ea. Fresh Cantaloupe • 2 ea. Fresh Mangos • *Plus 2-3 additional seasonal items*

Breakfast Package - \$22.00

1 doz. Farm Fresh Eggs • 1 pkg. Shredded Cheddar Cheese • 1 lb. Hickory Smoked Bacon • 1.5 lbs. "Tarantino's" Breakfast Sausage • 2 lbs. French Toast Sticks • 4 Breakfast Sandwiches; eggs, ham and cheese • 4 Breakfast Burritos; sausage egg and cheese • 1 lb. Carolina Pride Ham Steak

Lunch Box - \$25.00

12 oz. "Heart Smart" Sliced Turkey • 12 oz. "heart Smart" Sliced Ham • 1 lb. "Farmland" Sliced Cotto Salami • 1 lb. "Farmland" Bologna • 1 lb. Sliced Cheddar Cheese • 1 jar Creamy Peanut Butter • 1 jar Strawberry Jelly • (6) String Cheese • (8) 8 oz. Apple Juice Boxes • 1 ea. Fresh Lettuce • 1 lb. Baby Carrots • 1 bag Fresh Apples

Steak Box - \$25.00

4.5 lbs. USDA Select Grade T-Bone Steaks (6 individually quick frozen/12 oz. steaks)

Mega Meat - \$35.00

5 lbs. (avg.) Fully Cooked Prime Rib Roast • 5 lbs. Chicken Drumsticks • 3 lbs. Hamburger Patties 84/16 lean • 2.5 lbs. Beef Hot Links • 1 lb. Hot Dogs

Organic Produce - \$20.00

Fresh Assortment of fruits and vegetables.

*** Please pick up your order on Saturday, May 22nd, 8:00am - 9:00am at PENN Athletic Area Rec Center - 2555 Dusk Drive • San Diego, CA 92139**

of packages

Premium Entrees - \$20.00

Grilled Chicken w/Tomato Basil Sauce & Penne • Sausage w/Green & Red Peppers w/Sauce over Linguini • Lasagna w/Meat Sauce • Baked Ziti w/Meat Sauce and Mozzarella • Grilled Chicken Breasts Teriyaki over Rice w/Red and Green Peppers and Onions • Beef Stroganoff w/Pasta with Broccoli Florets • Turkey Breast Medallions w/Roasted Potatoes & California Blend Vegetables

Choice Menu Items

You must purchase one of the above packages to order from the Choice Menu

Cookie Dough 3 lbs. Snicker Doodle

\$5.00

1.75 lbs. Popcorn Chicken by "Brakebush" Re-sealable bag

\$7.00

1.75 lbs. "Fiery" Chicken Strips by "Brakebush" Re-sealable bag

\$7.00

Pantry Pack Coming soon the new Pantry Pack...not available for May

Seafood Fantastic

\$20.00

(1) 12 oz. shrimp • (2) 4 oz. teriyaki salmon fillets • (4) 3 oz. pollock fillets • (2) tilapia filets stuffed w/shrimp and herbs • (2) tilapia filets stuffed with scallops • (2) 4 oz. flounder filets

www.goldensharefoods.com

TOTAL NUMBER OF PACKAGES

Name _____ Phone Number _____ Total Cost _____ Cash _____ Check # _____



Did You Know that MEA's Share Program Can Save You Money on Your Grocery Bill?

MEA's Share Program is a Great Program for City Employees!

Last Name, First (please print)

Work Phone

Home Phone

Email

By signing below, I understand that I am required to pick up my order on Saturday, May 22nd between 8:00am and 9:00am. All orders that are not picked up by 9:00am will be donated to a homeless shelter and no refunds will be given. Golden Share Foods reserves the right to substitute any of the above items due to availability, cost, and quality.

Signature _____

**** Check Policy: There will be a \$25.00 Bank Fee plus a \$15.00 MEA fee for all Returned Checks.**